

# Benefits of tummy tuck and advantages of vaser liposuction:

The benefits of a tummy tuck are more numerous than what most people believe. The removal of excess skin and obtaining tension in the abdominal muscles will give your belly a flatter and firmer appearance, and also decrease the width of your waist. Often, the appearance of stretch marks, in particular below the navel line, can be dramatically improved. [Tummy Tuck Houston TX](#) surgery can also provide other benefits, such as increased self-confidence and improvement in the way clothing looks on the body.

**Some benefits people can may by having tummy tuck surgery are:**



**Better appearance:** Tummy tuck offers many aesthetic benefits. If your abdomen has been stretched beyond the limits of natural repair, either by pregnancy or weight loss, tummy tuck surgery may be the solution. The benefits for its appearance include a flatter and firmer stomach, a smoother contour in the stomach area and a narrower waist.

**Removal of excess skin:** The excess of skin is the inevitable result of the decrease in the elasticity of the skin that brings with it the passage of time; but, likewise, this condition may worsen as a result of surgery for weight loss or pregnancy. Unlike liposuction alone, a tummy tuck procedure allows the removal of excess skin, which increases the elimination of "rebel" fat bags. One of the most attractive benefits of tummy tuck surgery is that it can not only correct a prominent belly, but it can also make it look like it never existed. In some cases, abdominoplasty also benefits the patient's health. The large folds of hanging skin can become infected with fungi. This is a problem that many patients suffer after bariatric surgery. In cases where surgery

to remove excess skin is required to preserve health, your insurance may cover part of the cost of the surgery.

### **What exactly is Vaser liposuction?**



Vaser liposuction, also referred to as **Vaser Lipo Houston**, is a non-invasive cosmetic procedure using ultrasound that removes stubborn fat in problematic areas. The procedure works by directing high frequency ultrasonic waves in the areas where the problem occurs to break the fat cells. The doctor will then suck the fat using a needle. In traditional liposuction, doctors will use a needle to break fat cells. The procedure starts by creating an incision in the area to be worked to allow the needle to enter. In this incision the doctor will then vigorously move the needle from one side to the other to break the fat cells and then suck it. After breaking the fat cells, the doctor will insert another needle to suck out the fat.

### **The Advantage Of Vaser Liposuction Compared To Traditional Liposuction:**

There are many advantages of **Vaser Liposuction**, but the most tempting for patients is that it does not require spending the night in the hospital. It is also pain-free and comfortable compared to traditional techniques since it is not a procedure with force. Viewed as a micro surgery, the recovery time is relatively short as opposed to other methods. In addition, when [Vaser Hi Def Liposuction](#) is chosen, patients reduce the risk of fat deposits forming under the skin. This is due to the clean and non-invasive fat emulsion method that this procedure uses.